



Helping families identify

**HEALTH & WELLNESS  
CHALLENGES**

and connect with

**COMMUNITY RESOURCES**



### **COVID-19 Services**

While federal and state stay-at-home guidelines are in place, the CARE Center is encouraging St. Charles Parish families to reach out to us if they are experiencing any of the following and are not sure where to turn for help:

- Concern about the social and emotional wellness of a child due to school closures
- Feelings of anxiety, worry, grief, and/or depression by anyone in the home
- Tense family relationships in the home

We will schedule a video or phone call to assess your family's needs, identify community resources to address them, and directly refer you to those resources.

**Business Hours Phone**  
**(985) 331-3033**

**After Hours & Weekend Phone**  
**(985) 224-5827**