

4 / APRIL 2024

COUNSELOR NEWSLETTER

SCPPS Summer Camps -- Westbank

- Spotlight Theatre - June 12-24 (grades entering 4-9)
- Baseball - May 30-June 2 (ages 7-14)
- Desty Darlings - June 5-8 (ages 3-12)
- Young Writer's Camp - June 10-13 @ DHS
- Cheer - June 12-15 (ages 3 & older)
- All State Prep - June 13-14 (grades 4-12)
- Ed Reed's "ER Academy" - June 14-15 (ages 7-17)
- Soccer - June 19-22 (ages 6-12)
- Volleyball - July 10-11 (ages 5-12) / July 12-13 (entering grades 6-8)
- LEADS Program - July 11 (focuses on leadership skills)

For more details, go to stcharles.k12.la.us

Click on the "for families" tab

Upcoming Events - April

- ✱ Career Week - April 22nd - 26th
- ✱ Student Appreciation Week -
April 29th - May 3rd

Upcoming Events - May

- ✱ LEAP - May 6th - 10th
- ✱ Teacher Appreciation Week -
May 13th - 17th
- ✱ Last Day for Students - May 23rd

Summer Wellness Tips

- Plan activities you enjoy - choose a project or activity that you would like to do.
- Stay connected - call, text, video chat with family & friends.
- Sleep - keep a regular sleep routine getting 8-10 hours of sleep nightly.
- Physical activity - soak in the sun & get fresh air by engaging in physical activities outdoors.
- Enroll in a summer camp