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## LHSAA RETURN TO COMPETITION FORM

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LHSAA rules require a written statement from a physician in order for an athlete to return to competition who apparently had a concussion.

“If a competitor is determined to have a concussion, he/she shall not be permitted to continue practice or competition the same day. Written approval of a physician shall be required for the athlete to return to competition. If a physician recommends an athlete not continue, he/she shall not be overruled.”

The undersigned attending physician has examined the student athlete identified below and gives permission for the student athlete to return to competition on the date and in the sport identified.

Athlete:	Sport:
School:	
Date of Concussion:	Date to Return:
Attending Physician:	LA Medical License:

Attending Physician Signature: \_\_\_\_\_ Date: \_\_\_\_\_

*This form SHALL be completed in its entirety and one copy emailed to LHSAA Assistant Executive Director Lee Sanders at [lsanders@lhsaa.org](mailto:lsanders@lhsaa.org). The school should also keep one copy.*